



# mti physical therapy

PROVIDING ONE-TO-ONE CARE

- Manual Therapy
- Orthopaedics
- Sports Therapy
- Spine

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**Tacoma** • **p 253.471.7200** • **f 253.471.2132** • 7800 Pacific Avenue • Ste 8 • Tacoma 98408  
 Susan Stephen, PT, MOMT

**Kirkland** • **p 425.820.2590** • **f 425.820.2599** • 11800 NE 128th St. • Ste 510 • Kirkland 98034  
 Dan Druckhammer, PT, OMT, USAC 2 • Sarah Olson, MPT, OMT • Dan Washeck, PT, OCS, FAAOMPT

## Prescription Information (REFERRAL FROM PRIMARY CARE PHYSICIAN MAY BE NEEDED)

Date: \_\_\_\_\_ Patient Name \_\_\_\_\_

Dx: \_\_\_\_\_

Comments:

Prescription: \_\_\_\_\_ times per week for \_\_\_\_\_ weeks

Doctor Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Treatment: \_\_\_\_\_

Evaluate and treat at therapist discretion

### Recommended Treatment:

- |   |  |
|---|--|
| <input type="checkbox"/> MFR/Soft Tissue Work     | <input type="checkbox"/> Gait Analysis/Training  |
| <input type="checkbox"/> Muscle Energy            | <input type="checkbox"/> Sport Movement Analysis |
| <input type="checkbox"/> EGS/TENS                 | <input type="checkbox"/> Taping/Bracing          |
| <input type="checkbox"/> Joint Mobilization       | <input type="checkbox"/> Ergonomic Education     |
| <input type="checkbox"/> Ultrasound/Phonophoresis | <input type="checkbox"/> Post-Op Rehab           |

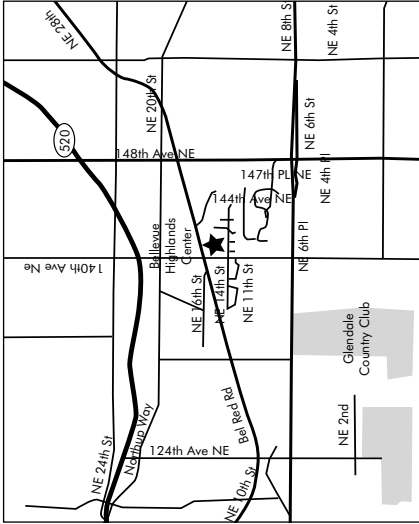
### Therapeutic Exercise

- Mobilization/ROM
- Coordination/Endurance
- Stabilization
- Strengthening
- Balance & Reactivity
- Home Exercise
- Sport Performance

Other: \_\_\_\_\_

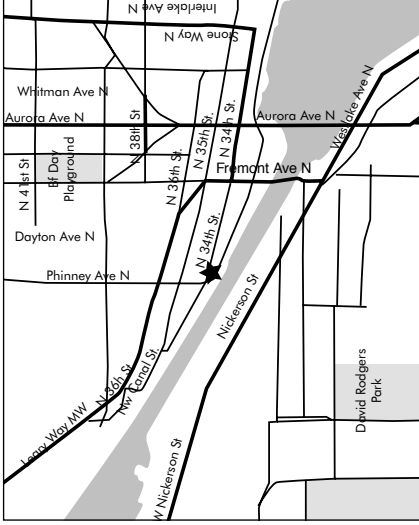
**Bellevue**

The entrance to Creekside Business Park is on 140th Ave., N.E. Our building is to the left of the entrance.



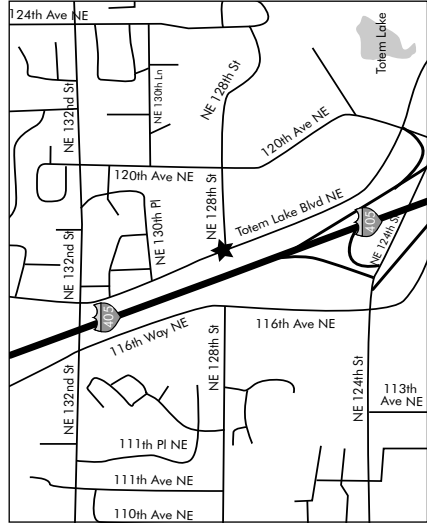
**Seattle—Fremont**

Located on the west end of the Fremont Sound Mind and Body health club at 435 North 34th Street.



**Kirkland**

Located in the Evergreen Plaza. The parking structure entrance is on NE 128th Street.



**Seattle—Magnolia**

Located in the heart of the Magnolia Village at 3200 W. McGraw St.

